



Rachel A. Adams

Partner

Health Care

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Perhaps the only thing more complex than health care today is the regulatory landscape in which it is practiced. Rachel Adams is a health care lawyer who focuses on helping health systems, physician groups and other health care providers navigate the health care regulatory landscape, complex transactions, and general corporate matters.

Keeping health care businesses healthy

Rachel assists both physician groups and private equity-backed health care platforms in structuring and negotiating complex transactions. She also guides health systems through transactions ranging from affiliations to acquisitions. She advises on complex regulatory issues involving the Stark Law, the Anti-Kickback Statute, state corporate practice of medicine laws, and fee-splitting laws. Rachel can also rely on her governmental experience to counsel clients facing antitrust issues.

Rachel's experience also includes representing health care providers in defense of Medicare audits, Medicaid audits, and in False Claims Act litigation. Finally, she has represented chain, independent, wholesale and veterinarian pharmacies in regulatory and transactional matters.

Representative Experience

- Assisted national anesthesia management services provider in transactions involving multiple anesthesia providers.
- Guided multiple physician groups in a variety of specialties in transactions involving private-equity backed national platforms.
- Successfully closed a non-profit health care system's purchase of a hospital while guiding the transaction through an FTC investigation.
- Assisted health care investment fund in financing the purchase of multiple hospitals across multiple states. Worked across offices and disciplines providing high-quality, efficient results.
- Drafted compliance policies for health care system, yielding understanding of numerous laws impacting day-to-day operations.

Practices

- Antitrust and Competition
- Clinical Integration and Managed Care
- Corporate
- Corporate Governance
- Health Care
- Health Care Regulatory and Compliance
- Health Care Services Private Equity
- Health Care Transactions
- Medicare/Medicaid Reimbursement
- Mergers and Acquisitions

Industries

- Pharmaceutical and Life Sciences

Education

- LLM, Saint Louis University School of Law
- JD, University of Denver Sturm College of Law
- BS, Saint Louis University

Bar Admissions

- District of Columbia
- Illinois
- Nebraska
- New York

Community Involvements

- American Bar Association, Health Law Section
- American Health Law Association (AHLA)

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- Represented hospital system responding to multiple Medicaid reimbursement audits, saving the client from repaying multiple claims.
- Won False Claims Act case for two clients being sued together. The lawsuit alleged both clients caused Medicaid to pay ineligible claims. We established the plaintiff failed to allege any type of false claim or meet federal pleading standards. The case was dismissed with prejudice, saving clients time and resources of protracted litigation.
- Assisted national pharmacy chain with licensing issues and Medicare Part D compliance.

Recognitions

Recognized or listed in the following:

- *Best Lawyers in America*
 - Ones to Watch
 - Health Care Law, 2024–2025
 - Mergers and Acquisitions Law, 2024–2025

News

- Katten Attorneys Recognized as *Best Lawyers®* and *Best Lawyers: Ones to Watch®* Award Recipients (August 15, 2024)
- Katten Attorneys Distinguished by *Best Lawyers®* (August 17, 2023)
- Katten Promotes 10 Attorneys to Partner (August 15, 2023)
- Katten Represented Growing Urology Practice AUI in Its Affiliation With Solaris Health (March 10, 2022)

Publications

- [Health Care Law Perspectives](#) (August 2020) | *Contributor*
- [OIG Proposes to Add and Expand AKS Safe Harbors](#) (October 21, 2019)
- [CMS Proposes Sweeping Revisions to the Stark Law](#) (October 17, 2019)
- [CMS Revisits Hospital Co-Location](#) (Summer 2019)
- [CMS Issues Draft Guidance for Hospital Co-Location](#) (May 6, 2019)

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Presentations and Events

- 2024 Antitrust in Healthcare (June 4–5, 2024) | *Panelist* | *Navigating Deals Through Antitrust Enforcement Priorities*
- Healthcare Law & Compliance Institute (February 25–27, 2024) | *Presenter* | *State Scrutiny of Healthcare Transactions and Non-Compete Provisions*
Presenter | *Navigating the Self-Disclosure Quagmire*
- Investing for Tomorrow: Health Care Institutions as Investors, Strategic Investment Partners and Entrepreneurs – Part 1 (December 13, 2023)
- ABA Business Law Fall Meeting (September 8, 2023) | *Speaker* | *Antitrust Hot Spots for Business Lawyers: Help Your Clients Stay In-Bounds*
- 2022 Healthcare Law & Compliance Institute (February 27 - March 1, 2022) | *Presenter* | *Value-Based and Other Innovative Physician Alignment Models*
- Healthcare Law & Compliance Institute (October 3–5, 2021) | *Co-presenter* | *Avoiding Antitrust and Regulatory Pitfalls in Strategic Transactions*
- Virtual Healthcare Law & Compliance Institute (March 9–11, 2021) | *Speaker* | *Strategic Transactions in Challenging Times*